EFICP 5k Run / 1 Mile Walk

Saturday, September 17, 2016

Start Time - 9:30 AM

RUN FOR THE HOMELESS

Event Description: An awesome community event - **5k Run** or **1 Mile Walk** - at the picturesque *Neshaminy State Park in Bensalem, PA.* Run/Walk/Stroll along the trails in the park along the Delaware River.

Race Purpose: The Ecumenical Fellowship of Indian Churches in Philadelphia is looking to make a difference within the community and in the Greater Philadelphia area. This event is to encourage people of all ages to promote health, peace and harmony in the community. Proceeds raised from this event will be donated to charities supporting the welfare of homeless people in the Greater Philadelphia area.

Location: Neshaminy State Park, 3401 State Rd, Bensalem, PA 19020

Awards: Top overall male/female race finishers and overall age group winners

Entry Fee: $25 per individual
$75 per family (Up to 4 immediate family members only)
Race limited to first 750 runners.

Supplies: Each registrant receives a Bib tag for timing the race, T-Shirt, refreshments, prizes, etc.

Race Results: Race will be professionally timed by the Bryn Mawr Racing Co.; Results will be announced on the spot and published at http://www.paecumenical5k.org and at http://www.brynmawrracing.com

Questions: Contact: Race Committee – ***paecumenical5k@gmail.com***

"By indicating your acceptance, you understand, agree, warrant and covenant as follows: I know that running is a potentially hazardous activity. I should not enter or run unless I am medically able & properly trained. I also know that there will be traffic, debris, poor footing and other hazards on the course and assume the risk for running on it. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the effects of the weather, the conditions of the roads and getting lost, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the organizers of this event, all municipalities in which the all owners of properties through which the race crosses, the race committee, volunteers, Ecumenical Fellowship of Indian Churches in Philadelphia, all other organizations directly or indirectly associated with the race, any or all sponsors including their agents, employees, assigns or any-one acting on their behalf, or anyone else associated in any way with this race, from any or all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participation in this event. This waiver extends to all claims of every kind or nature whatsoever; foreseen or unforeseen, known or unknown."

Signature _____ **(If under 18, Parent/Guardian Signature)** **Date** _____

Name:

Email:

Parish: _____

Address: _____

City: _____ **State:** _____ **Zip**: _____

Phone: _____ **Gender:** M F **5k Run** ☐ **1 Mile Walk** ☐

Age/Age Group: _____ (0-10), (11-20), (21-30), (31-40), (41-50), (51-60), (61 and above)

T-Shirt Size: S M L XL Youth Small Youth Medium

Make check payable to "Ecumenical Fellowship of Indian Churches in Philadelphia"
Mail payment with this form to: EFICP, P.O. Box 14396, PA 19115
Or register online at http://www.paecumenical5k.org/registration

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